

PLEASE NOTE:






There are 3 ways to place your canteen orders

Canteen is open from
8.30am – 10.30am Thursday mornings for
Placement of all lunch orders.




Or place your order at front office before
Wednesday Afternoon.

Or pay for the entire term.





PASTRIES GOOD EATING RANGE

Snack Pies	2-00	
Sausage Roll	3-50	
Large Pies	4-00	
Vegetable Pasties	4-00	
Tomato Sauce portion	-50	








HOT FOODS

Lentil Curry & Rice	5-00	
Beef and Barley Soup/Roll	5-00	
Hot Chilli Chicken Roll	4-00	

TOASTED SANDWICHES


Cheese	3-00	
Cheese & tomato	3-50	
Ham & Cheese	3-50	
Ham cheese & tomato	4-00	

SANDWICHES




Vegetite	2-00	
Ham & Salad	4-00	
Cheese & Salad	4-00	
Tuna & Salad	4-00	
Chicken & Salad	4-00	
Egg Lettuce & Mayo	4-00	
Salad	3-50	
(Lettuce, carrot, tomato, cucumber)		

If roll required add .50c

DRINKS

Nudies		
Apple, Tropical, Orange	2-50	
Milks		
Chocolate, Banana, Strawberry	2-50	
Yoghurts		
Vanilla, Strawberry,		
Mixed Berries	2-50	

AFTER LUNCH SALES

Not for Pre Primaries		
G/C Juicy Fruit Sticks	-80	
Vanilla Buckets	1-50	
Fandangles	1-50	

RECESS SALES

CAN BE PRE ORDERED

Rice Cakes each	-20	
Pikelets each	-50	
Raisin Toast & Butter	-50	
Popcorn	-80	
Hot Milo	1-00	
Apple Slinky	1-00	
Hot Vegemite & Cheese Roll	1-30	
Vegie Chips	2-00	
Cheesies	2-00	
Muffins	2-50	

Recess Specials will be displayed on the Day.

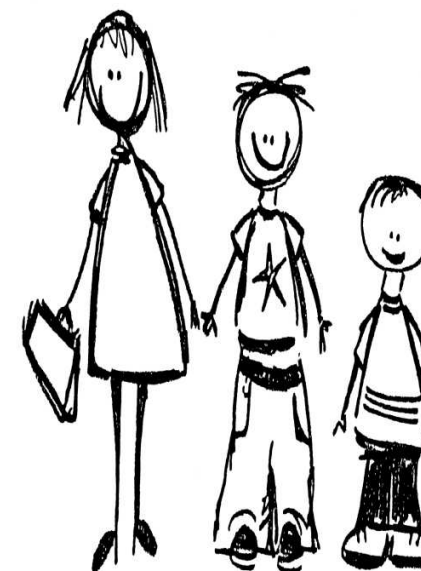
*******ALLERGIES*******

Should your Children have any allergies to any of the foods in the canteen? Please let me know. Red dots will be provided to place on lunch bags, for children with allergies.

If you wish to bring in your own foods for your child who has allergies, please label, wrap and contain these. So they can be stored separately or frozen from other foods.

WINTER
CANTEEN MENU
TERM 2 & 3

2017



Canteen Manager
Louise
0418 944 686

Canteen opens Thursdays 8.30am – 10.30am
For placing of lunch orders

Then Friday for Recess and Lunch
1st Shift
8.30 am – 11.00

2nd Shift
11.30 am – 1.30pm

VOLUNTEER ROSTER

Without your help the Canteen cannot function Properly. We need your help.

If no help on the day, we will therefore operate on a minimal menu, and no pre-ordering of recess.

Each class will have a class representative, who will be responsible for organising volunteers.

For your convenience there are two shifts available either 8.30am – 11.00am or 11.30am – 1.30pm.

HEALTHY FOOD AND DRINK CHOICES

The aim of the canteen is: to provide an enjoyable, nutritious and attractively presented selection of food and drinks at reasonable prices.

Its purpose is: to demonstrate to students and parents the value placed on healthy eating practices.

As required by the Department of Education's Healthy Food & Drink policy, we cook, sell and use only reduced **fat, dairy, lean meats and reduced fat spreads** in the canteen.

Although the fact that the policy does not restrict additives such as preservatives and colourings, we have taken care to exclude these from the choices available **where possible** in the Canteen.

The emphasis in our Canteen is on providing items that come under the **GREEN** section of foods which we are able to sell daily, such as fruits, salads, lean meats and reduced fat and dairy.

We also offer a selection of options under the **AMBER** section (i.e.: pastries, pizza, etc)

Should you wish to view any of the guide lines or our Canteen policy please feel free to come to the Canteen.

The Canteen may from time to time offer additional foods in conjunction with the school curriculum or special promotions, such as Fruit & Veg Month, Healthy Bones Week, etc which will be advertised in advance.

Lunch order bags must have child's name and class number. And correct money if possible. Please no staples or sticky tape to be used on bags.

If your child is supplied lunch because they have forgotten theirs, they will be charged and this will be sent home for payment.